

# DEMENTIA AND ALZHEIMER'S

## THE CAREGIVER'S PERSPECTIVE



### WORKSHOP & LUNCH

Thursday, October 26, 2023

12:00 - 1:30 pm

Hosted by: Westview Meadows  
171 Westview Meadows Road, Montpelier, VT

## Join us to learn more about memory loss

presentation led by:

Dr. Kelley Elwell, CVHHH, Palliative Care Nurse Practitioner

Learn more about how to care for and keep your loved one safe and comfortable at home.

- Best practices for communicating
- Keeping the home environment safe
- Maintaining a healthy lifestyle
- Planning for your future
- How a caregiver can take care of themselves

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For more information or to RSVP, please contact  
**WESTVIEW MEADOWS** at (802) 223-1068