

A Look Back at June

Rob and Elaine planting the flowers we grew from seeds.



Norma creating a beautiful flower arrangement.



Kate and Mary Etta enjoying the musical lecture.



Dinner Under The Sea.



Jan, Sue and Norma learning water-color.



Mary Etta, Rob and Jan enjoying tea time.



BINGO



The Gary Residence

The Gary Residence | 149 Main Street Montpelier, VT | (802) 223-3881



July Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Crabs are emotional nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Those born July 23–31 are the Lion star sign, Leo. Leos are dignified, strong, and powerful, making good leaders and honorable friends. They are also ambitious, reaching for the stars, working hard, and accomplishing their goals.

Happy Birthday to Our Friends Here at The Gary Residence:

- July 5th Linda L.
- July 5th Lisa P.
- July 8th Estherline C.
- July 12th Rachel B.
- July 18th Jill T.
- July 29th Lynn M.
- July 31st Erica J.

This month we are featuring Gloria Rice in our Board Member Spotlight.



Gloria was born in San Diego, grew up in Oregon, went to college in Massachusetts, law school in Ohio, then finally settled here in Vermont after meeting and marrying Bill, a native of the state.

Gloria and Bill have two kids. Their son lives in Essex Junction so they see get to see him quite often, and their daughter lives in Western Massachusetts. Fortunately, it's a relatively easy drive to visit because they relish the opportunity to see their two grandkids.

Gloria and Bill also have a cat named Abby, who was originally a Westview Meadows house cat while Bill's mother was a resident there. After Bill's mother passed away in 2015, Abby went to live with them. Gloria reports that Abby is a wonderful girl and is happy and healthy! Gloria is currently the co-owner of Rice & Riley, a law firm in Montpelier. It is a continuation of a firm that she began working at in 1980. She specializes in residential real estate and although she's been thinking about retiring, she's not ready yet. She genuinely likes her work and wants to continue doing it for a bit longer.

When she's not working, Gloria enjoys listening to live music. She often attends concerts in Burlington, especially during the summer season when they are outdoors. She also likes traveling and over this past winter while visiting Thailand, she found she had a great liking for the food!

While Gloria's mother-in-law was a resident at Westview Meadows, Gloria became quite familiar with our organization, and liked what she saw. She says that she's always been impressed with how well-run Westview Meadows is. With a background in law and finances, she brings a wealth of knowledge to her service on our Board of Trustees. She enjoys the people she collaborates with and truly loves talking with residents when she has the opportunity to.

Gloria feels it's important to explore the world with curiosity and learn about what is happening around her. This has allowed her to gain a greater understanding of the people she's met along the way. Gloria, we very much appreciate the time you dedicate to O.M. Fisher Home, Inc., and we thank you for your part in keeping our communities flourishing.

**Porch Bingo:
People Watching with a Purpose!**

This July, we’re bringing the fun of Bingo out into the fresh air with a brand-new twist: Porch Bingo!

We’ll gather on the porch, cards in hand, and keep our eyes peeled as the bustling capital of Vermont rolls around us. But don’t expect numbers and letters, these Bingo cards are a little different. You’ll be watching for things like a red car, someone walking a dog, a person wearing glasses, and all the little everyday sights that make Montpelier come alive.

It’s part Bingo, part people watching, and all about enjoying the moment. No running around, no shouting, just a relaxing time with neighbors, sunshine, and the quiet thrill of checking off that next square.

We’ve made custom cards just for this, and there might even be a little prize for those who get a bingo!

So come join us on the porch, take in the view, and see what you can spot. The world is more fun when you’re really looking.

**Shake Rattle and Roll into July
50’s Diner Night @ The Gary Residence**

Get ready to twist and shout, because we are heading back in time for a sock-hoppin’, soda-popping’ good time! This July, our monthly themed dinner is taking a groovy detour to the fabulous 1950’s, complete with the charm of a retro diner and the rockin’ spirit of Grease.

On the big day, Thursday the 24th, we’ll start by setting the mood with a special viewing of Grease, the ultimate tribute to poodle skirts, leather jackets, and summer love. Then we’ll cruise into our very own vintage diner setup. Where the staff will be serving up classic favorites with a smile: think juicy hamburgers, crispy fries, and dreamy Brown Cows for dessert that’ll take you right back to the soda fountain days.

The dining room will be decked out in true 50’s style, and don’t be surprised if you spot some Pink Ladies in satin jackets, a few beehive hairdos, and maybe even a pair of cat-eye glasses or two! We encourage everyone to get in the spirit and dress the part if you’re feeling inspired. Channel your inner Sandy or Rizzo and come ready to have a blast.

Expect good food, great music and a whole lotta nostalgia as we dance our way through a night of retro fun. Whether you’re here for the tunes, the treats, or just the throwback vibes, 50’s Diner Night is one you won’t want to miss!

Chefs Corner
Hello July, let the Fireworks Begin!

Yay, it’s July, and that means fireworks to me! Did you know many historians believe fireworks were originally developed as early as the 2nd century B.C. in ancient Liuyang, China? The first natural "firecrackers" were likely bamboo stalks. When thrown into a fire, the hollow air pockets in the bamboo would overheat and explode with a loud *bang*! Pretty cool, right?

Of course, the biggest celebration this month is the Fourth of July, also known as Independence Day. This national holiday commemorates the adoption of the Declaration of Independence on July 4, 1776, when the 13 American colonies declared their independence from Great Britain.

My favorite Fourth of July foods? Grilled hot dogs, cheeseburgers, and pulled BBQ chicken rolls—*yum yum*! We’ll also enjoy fresh watermelon and some delicious summer salads.

And here’s some more cheesy news: July 14 is National Macaroni and Cheese Day! One of my all-time favorite dishes to make is good ole’ mac & cheese, and I thought it would be fun to spice it up this year. Let’s get creative! Bring me your best, weirdest, or tastiest ideas for things to mix into mac & cheese. I’ll randomly select one ingredient to feature in a special batch! You can drop off your suggestions to me or at the front office by July 5th. I can’t wait to see what you come up with!

- Executive Chef Chris McIver

Step Into Summer: Join Our New Walking Club

Looking for a fun, easy way to enjoy the summer sunshine, stretch your legs, and catch up with friends? We’re excited to announce the launch of our walking club this July!

Whether you’re a power walker or just looking for a leisurely stroll, everyone is welcome. The goal is simple: get outside, get moving, and feel good. Walking is a gentle, low-impact way to boost your mood, improve circulation, and soak in that lovely Vermont summer air.

We’ll be meeting every Sunday @ 11:30 am, right outside the main entrance, no sign up needed. Just come as you are! We will start out utilizing the paved path around the building as it offers a smooth, shady option that is perfect for a relaxed pace.

So grab your comfy shoes, a bottle of water, and maybe a walking buddy. Let’s enjoy the season together, one step at a time.

July Outings
Lunch @ Penzo’s Pizza
Thursday July 10th @ 12:30 pm

Lunch at the fantastic pizza restaurant right next door to The Gary Residence.

Walk in Hubbard Park
Friday July 11th @ 10:30 am

Let’s get outside and enjoy the fresh air with a stroll through beautiful Hubbard Park in Montpelier! We’ll drive over together and take a gentle walk along the paths, perfect for soaking up some summer sunshine. Sign up at the desk by Maria’s office. All are welcome!

Thrift Store Shopping
Friday July 11th @ 1:30 pm

Join us for an afternoon of treasure hunting! We’ll head out right after lunch to explore Bargain Boutique and Creative Consignments in Waterbury. Sign up at the desk by Maria’s office, we’ll need at least *three residents* to make the trip happen. Let’s go thrifting!

Groovin’ Through History- 1950’s @ Westview Meadows
Monday July 14th @ 1:00 pm

Shake rattle and roll with us to the music of the 50’s!

Brown Bag Concert Series
Wednesday July 9th & July 30th @ 11:15 am

Free concert series at the state capital. Peggy will be providing a shuttle service to and from the events.

Mark Munzert Cowboy Poet @ Westview Meadows Tuesday July 22nd @ 1:30 pm

Join us for Cowboy poetry!

Forestry for the Birds Presentation by VT Land Trust @ Westview Meadows
Tuesday July 29th @ 2:00 pm

Learn about how the VT Land Trust helps preserve the natural beauty of Vermont.

**Staff Spotlight:
Hailey Hutchinson**



This month, we are excited to shine a spotlight on one of the newest members of the team: Administrative Assistant Hailey Hutchinson! We are so grateful that she’s stepping into this role through August while Lisa is on leave. Even though we’ve only just met her we are excited she is here.

Hailey grew up in Waterbury with four brothers and two sisters. Her family has deep roots in Thunder Road racing, her uncle even used to race there! That lifelong exposure to the thrill of the track must have left its mark, because alongside her love of fishing, swimming, and diamond art, one of her favorite past times is helping out fixing up racecars while listening to classic country music!

Hailey is full of interests and is drawn to the natural beauty around her. She loves the color yellow, fresh fruit, rain, and anything that smells like vanilla or lavender. She married her high school sweetheart in May of 2022, and the two are excitedly expecting their first child this September!

What stands out the most about Hailey is her compassion. Kindness is at the heart of everything she does, and lives by the belief that you never know what someone is going through, so it doesn’t hurt to be kind.

As she learns the ropes and helps us out over the next month, we ask for your patience and support. We’re so glad to have you are here Hailey, you are a wonderful addition to our little community.