

A Look Back at July



July was a month of fun, friends, and festivities! We kicked things off with Porch Bingo and launched our brand-new walking club. Residents enjoyed a unique Drive-In Movie experience right in the library, tackled a giant crossword puzzle, and cooled off at our Ice Cream Social. A nostalgic 50's Diner themed dinner brought smiles all around, followed by some friendly competition with Mini Golf, Ping Pong, and Wordle. We got creative with Flower Arranging, celebrated birthdays in style, and were treated to wonderful performances by musical guests Debbie Yacovone, D. Davis, and Paula Gills. And of course, no month would be complete without our classic Bingo! game. Here's to another month of making memories!



The Gary Residence

The Gary Residence | 149 Main Street Montpelier, VT | (802) 223-3881



Celebrating August

In astrology, those born between August 1 and August 22 take on the lion star sign of Leo. Leos are dignified, strong, and powerful, making good leaders and honorable friends. They're also ambitious—reaching for the stars, working hard, and accomplishing their goals. Those born between August 23 and August 31 are Virgos, known for being industrious and efficient. They pay close attention to details and get the job done right on the first try.

Happy Birthday to Our Friends at the Gary Residence:

4th - Justine C.

5th - Joe M.

11th - Peggy M.

19th - Jill C.

27th - Charlotte G.

27th - Amira D.

31st - Alycia D.

This month we are featuring Robert “Bob” Lord in our Board Member Spotlight.



Our featured board member this month is none other than its President, Robert Lord, Jr. Bob was born in Barre, grew up in East Barre, and graduated from Spaulding High School. He went on to get a Degree in Architecture from VTC in Randolph Center and began working with his brothers at a family construction company that his father started in 1969, of which he is now the President. Bob and his wife Kim live in Barre Town and much to their delight, all 4 of their children and 6 grandchildren live throughout Vermont so they are able to spend a lot of time with them. Bob spends his free time working his land, doing his best to get away from the hustle and bustle of life. He also enjoys shooting skeet and hunting. He admits he may not be the best hunter, bringing home the prize buck, but he certainly appreciates his time spent alone in nature. He and his wife have a townhouse in Old Orchard Beach, ME, very close to the ocean, and Bob delights in having a really good lobster meal.

Bob brings to the board a wealth of experience in construction and has a proven ability to build and manage facilities. Over the years, he's also gained a fair amount of experience in human resources, not to mention the often-overlooked importance of having good common sense, which has served him well. Bob is excited about and truly believes in the mission of O.M. Fisher Home, Inc. He acknowledges all of the people affiliated, from the staff to his fellow board members, and commends everyone for their commitment and desire to provide great care for the residents. To Bob, the simple act of doing the right thing, is what really counts in life. He strives to make the world a better place and is grateful for the opportunity to do so every day he gets up and has another chance to try. Bob joined our Board of Trustees in 2017 and for these past 8 years of sharing his time, knowledge, and dedication, we are eternally grateful.

Event List for August

Jeopardy: Friday August 1st @ 2:00 pm

Test your trivia skills in a fun and friendly game of Jeopardy! Bring your thinking caps- and maybe your lucky charm.

Paint by Numbers Sunday August 3rd @ 2:00 pm

Relax and unwind as we paint beautiful pictures together, one number at a time. No experience needed, just bring your creativity!

Sorry! The Board Game August 4th @ 2:00 pm

Slide, bump, and say “Sorry!” in this classic game of luck and strategy. A fun way to stir up some light hearted competition.

State Game Saturday August 9th @ 2:00 pm

Toss a bean bag, land on a state, and answer a fun trivia question. Easy and educational, a great way to travel the U.S. without leaving your chair.

Ice Cream Social Sunday August 10th @ 2:00 pm

Join us for a sweet treat under the sun! We’ll be scooping up everyone’s favorite flavors on the patio, bring your sweet tooth and enjoy some conversation, music, and a cool breeze. It’s the perfect way to spend a summer afternoon.

Slappy Hands Monday August 18th @ 2:30 pm

Get ready for some laughs and quick reflexes! Join us at the table for the Slappy Hands Game, just you, a sticky hand, and a shiny quarter in the middle. The goal? Be the fastest to snag the coin! Fun, silly, and surprisingly competitive!

Monopoly Thursday August 21st @ 2:00 pm

Pass Go and collect some fun! Whether you’re a real estate tycoon or just in it for the snacks, come pay monopoly with friends. We’ll have plenty of laughs, friendly deals, and maybe even a little playful competition!

Yarn Bowl Craft Monday August 25th @ 2:30 pm

Join us for a creative afternoon as we turn simple yarn and balloons into beautiful, one-of-a-kind bowls! We’ll be using glue and yarn to wrap around balloons, creating fun and functional yarn bowls once they dry. It’s a hands-on, slightly messy, and totally fun craft.

Chef’s Corner

August is upon us. It is the last full month of Summer. Did you know that August is named after the first Roman emperor, Augustus Caesar? Also known as Octavian, He reigned from 27 BC until his death in AD 14. The great emperors of ancient Rome were huge fans of asparagus. Augustus preferred his al dente, and was so in tune with the vegetable that he was frequently noted to use the phrase “faster than you can cook asparagus.” Julius Caesar took his covered in melted butter. Look out for this delicious vegetable this month.

August 4th is national chocolate chip cookie day, look out for this sweet treat for snack that day. Did you know That The chocolate chip cookie was invented by Ruth Graves Wakefield at the Toll House Inn in Whitman, Massachusetts, in the 1930s. She created the recipe by adding broken pieces of a Nestlé semi-sweet chocolate bar to her cookie dough, expecting the chocolate to melt, but it retained its shape, creating the first chocolate chip cookie. What’s yours? Stop by the kitchen and let me know!

- Executive Chef Chris McIver

Get ready to soak up the sun at our August themed dinner: Beach Party!

Saturday August 30th @ 5:30 pm

We’re bringing the beach to you, complete with surfboards, beach balls, and plenty of sunshine (and shade!). Enjoy delicious summer themed treats like watermelon, s’mores, and fun mocktails while you kick back in your shades and soak in the atmosphere. We’ll be hanging out on the patio with music, laughs, and good company. Don’t forget your beach hat!

Meet Your Neighbor Charlotte



This month, we’re delighted to shine a spotlight on a very special member of The Gary Residence community: Charlotte, a woman whose life has been as colorful and rich as one of her paintings.

Born in Fresno, California, Charlotte grew up under the sunny skies of the Golden State alongside her little brother Curtis, who arrived just 11 months after her. Charlotte naturally took on a caring role, stating that he wasn’t a very strong child so she always looked out for him. Together, they shared a childhood full of backyard adventures, games, and giggles. She fondly remembers Curtis as a beautiful baby and the joy they found in each other’s company.

Charlotte’s mother was a Christian Scientist, and education was a cornerstone of her upbringing. She adored school and her teachers, which perhaps inspired her future path. Her family tree also has strong roots in farming, but Charlotte found her calling in the classroom and the arts.

A gifted painter from a young age, Charlotte once painted an entire mural and loved capturing faces, especially those of her classmates. Later, she would lovingly paint portraits of her own three children, two daughters and a son. Motherhood became one of her greatest joys. “I didn’t realize how much I wanted them until I had them,” she reflects. She fondly remembers strolling along with all three kids packed into one stroller, a snapshot of a full and happy life.

Charlotte met the love of her life in the most unexpected way, through her college roommate at Vassar, where she earned a scholarship after leaving California. When her roommate brought her home to Vermont, Charlotte met her roommate’s brother. Sparks flew, and he later flew all the way to Pasadena to propose! They married when she was 30, and she never looked back.

A passionate teacher of English, Charlotte also had a flair for French, which she loved to speak. She even saved up from teaching job to fulfill a dream, visiting Paris! Though she jokes about being disappointed that “all the men had mistresses,” the trip remains one of her treasured memories.

Charlotte has experienced life’s full spectrum, the deep joy of raising children, and the profound sorrow of losing one of her daughters to cancer while in her 30s. Her daughter was a “real livewire” full of life and energy, and her spirit lives on in Charlottes stories.

Now a cherished resident at The Gary Residence for the past few years, Charlotte continues to inspire those around her with her warmth, humor, and wisdom. Whether she’s reminiscing about her violinist father who performed across the country, or chatting with fellow residents about her travels, Charlottes stories remind us remind us how rich and beautiful life can be.

Let’s give a warm round of applause to Charlotte, artist, teacher, mother, and friend. We’re lucky to have her as part of our community.