

A Look Back at August



As summer began to wind down, August brought plenty of sunshine, smiles, and special moments here at The Gary Residence!

We stayed busy with a wonderful mix of games, creativity, and connection. Bino nights brought out or competitive side (and a lot of laughter), while our friendly game of corn hole kept the summer spirit alive. Slap hands and drum beat had us moving, clapping and enjoying some rhythmic fun together.

Creativity bloomed, literally, as residents enjoyed arranging fresh flowers, adding color and fragrance to our days. Our sweet tooth got it's fix too, with a cookie decorating session that was just as fun as it was delicious.

One of the month's highlights was our end-of-summer dinner, where we celebrated the season with a classic treat: lobster rolls. Paired with great company and good conversation, it was a meal to remember.

We also took advantage of the lovely weather by getting outside for some peaceful walks. The fresh air and light exercise did wonders for the spirit.

As we turn the page to September, we carry with us the joyful memories of a beautiful August, full of fun, flavor, and friendship.

Here's to even more good times ahead.



The Gary Residence

The Gary Residence | 149 Main St. Montpelier, VT | (802) 223-3881

Celebrating September

In astrology, those born between the 1st and 22nd of September are Virginal Virgos. Virgos are industrious, efficient, and pay close attention to details, which is why they tend to get the job done right on the first try. Those born between September 23rd and 30th balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they'd rather avoid conflict, they are excellent team players who are tactful and polite at soothing those embroiled in argument.

Happy Birthday to Our friends at The Gary Residence

- Sept 3rd Paul I.
- Sept 3rd Evan F.
- Sept 3rd Jenna H.
- Sept 8th Jan L.
- Sept 8th Rob M.
- Sept 10th Carol P.
- Sept 25th Tara C.
- Sept 28th Carol T.
- Sept 30th Molly V.

Our featured board member this month is Claudia Brousseau



Claudia is originally from Montpelier but now lives in Virginia with her two pups, Luke and Lola. Her daughter, Lauren, lives in Maine and is a paralegal at a law firm. Claudia holds a Bachelor's Degree from Norwich University and a Master's Degree from Golden Gate University. She is a Certified Public Accountant and telecommutes for work in Essex, VT. In her down time, Claudia likes to ride her e-bike, knit, sew, and she especially enjoys walking. Claudia is also an excellent cook! She often starts out following a recipe and then in experimental fashion, she adds her own personal touch to give the meal her own flare.

Claudia serves as the Treasurer on our Board of Trustees and she plays a large role in keeping our three facilities financially stable. It has always been important to Claudia to feel like she is making a positive impact on the world around her and serving on our Board feels like a worthwhile investment of her time. She strongly believes that O.M. Fisher Home is a great organization and is proud to play a part in maintaining its longevity. Claudia strives to be true and kind, someone good in a world with many evils.

The Gary Residence is fortunate to have had such a dedicated person serving on our board for the past 11 years. Claudia, thank you for your continued support and commitment to our residents and staff.

Celebrating the Heart of Our Home

September is Chef and Housekeeping Appreciation Month, a time to recognize the incredible team members who keep our community clean and well-fed. From the delicious meals prepared daily to the spotless spaces we enjoy; their hard work and dedication make a difference every single day. Join us in expressing gratitude all month long to the chefs and housekeeping staff who truly make our house a home. Let’s show them just how much they mean to us with thank-you notes, smiles, and kind words throughout the month!

September Activities

- Thursday 9/4: Craft: Paint by Numbers
- Friday 9/5: Games: BINGO!
- Saturday 9/6: Craft: Beaded Bracelets
- Sunday 9/7: Game: Mini Golf
- Thursday 9/11: Lunch at The Wayside
- Friday 9/12: Game: Giant Crossword
- Sunday 9/14: Craft: Pin Wheels
- Monday 9/15: Jeopardy!
- Friday 9/19: Apple Picking @ Peck Farm
- Saturday 9/20: Von Trapp Oktoberfest
- Sunday 9/21: Coloring and Painting
- Friday 9/26: Oktoberfest Dinner
- Sunday 9/28: Penny Pitching
- Monday 9/29: Bosnian Coffee

Still Writing History: A Tribute to Our Resident Oral Historian Charlie M.

At 91 years old, most people would consider themselves retired: from work, from deadlines, from the hustle and bustle of producing new material. But not our resident historian, Charlie. Even now in his twilight years, he continues to do what he’s always done best: preserve stories, probe the past, and ask the kinds of questions that make you lean in just a little closer and learn.

An oral historian by profession and passion, he’s spent decades collecting voices, memories, and lore from Vermont and beyond. And now, living right here among us at The Gary Residence, he hasn’t missed a beat.

Recently, he contributed two new articles in The Haven Road Dispatch, a regional publication known for its thoughtful and offbeat storytelling.

This recent work appears in: “Was Greta Garbo Nude in Greensboro? An Innocent Update on a Durable Tale” as well as “Let Us Now Praise Famous (and Not So Famous) Vermonters”.

Both articles reflect his enduring curiosity, with an ability to make the past feel present. They also serve as a beautiful reminder: storytelling has no expiration date.

Want to read them? Copies of both articles are available upon request; just stop by the front desk. Trust us, these stories are worth savoring.

Let’s take a moment to celebrate not only the rich history Charlie brings to the page, but the inspiration he offers to all of us. At 91, approaching 92, he’s still listening, still writing, and still showing us the power of a well told story.

Here's to living fully, learning always, and sharing generously, just like he does.

Meet the Staff: Brody



Our Staff Spotlight this month features Brody F., one of our new Maintenance Assistants. Brody is a native, born and raised in Central Vermont. As such, it’s no surprise that he enjoys all things outdoors-hunting, fishing, and hiking, to name a few. Brody comes from a rather large family, being one of eight children. He has a son of his own named Avery who is 5 years old, and spending time with him is no doubt the best part of Brody’s day. He especially likes to bring Avery fishing out on his boat! Brody started in this role several months ago and his time is split between Westview Meadows and The Gary Residence so he’s learning A LOT of new faces and names. He says he appreciates the pleasant work environment and how friendly everyone has been. Brody, thank you for your effort in keeping both facilities running in tip top shape!

Apple Picking at Peck Farm Friday September 19th @ 1:00 pm

Come one, come all! Join us on Friday the 19th at Peck farm where we will engage in the age-old tradition of the harvest! Grab a sweater and step into the crisp fall air as we gather the fruits of the farmers labor and bring home some delicious snacks to share with friends and family.

Von Trapp Brewing Oktoberfest Celebration

Saturday September 20th @ 11:00am

Join us for the 16th annual Oktoberfest at the von Trapp Brewing Bierhall at 1333 Luce Hill Road in Stowe VT! The Inseldudler Band will be playing as well as Trachten contests (for traditional Oktoberfest outfits), cask tapping and Steinholding competitions. The event starts at 11:00 am and lasts until 4:00 pm. Tickets are 79\$ a person and includes your first beer, an Oktoberfest souvenir mug, an app, entree and live entertainment. If you can’t make it don’t worry! We will be celebrating the beginning of Oktoberfest at home on 9/26 with a hearty German meal and plenty of toasts!

So get out your lederhosen and let’s celebrate the beginning of Oktoberfest in style!

Prost!

Chef’s Corner

September is upon us. Did you know September comes from the Latin root Sept-, meaning “seven,” because in the original Roman republican calendar September was the seventh month of the year. Labor Day is coming up Monday September 1st. Fall is almost upon us and that makes me think of stews, squash and chili. You can look forward to our menu being filled with these as well as seasonal vegetables and a few chowders sprinkled in.

If you haven’t had a chance to get outside this summer, please try to enjoy the next few weeks as the temperature drops and the leaves start to change. September 16th is national cinnamon raisin bread day. You can look forward to having some raisin toast with breakfast.

- Executive Chef Chris McIver